



The Central Shenandoah Planning District Commission and Shenandoah Valley Partnership jointly fund and conduct the data survey for the Cost of Living Index for the Harrisonburg-Rockingham Metro, Staunton-Augusta-Waynesboro Metro, and the Rockbridge-Lexington-Buena Vista area.

### Cost of Living Index – First Quarter 2019

The Council for Community and Economic Research (C2ER) produces the *Cost of Living Index* to provide a useful and accurate measure of living cost differences among urban areas. The Cost of Living Index measures relative price levels for consumer goods and services in participating areas. The average for all participating places, both metropolitan and non-metropolitan, equals 100. Each participant’s index is read as a percentage of the average for all places. The index does not measure inflation, and data from different quarters cannot be compared because the number and mix of participants change quarterly.

Cost of Living Index – 2019 Q1

Metro/Micro Urban Area and State	100% Composite Index	13.40% Grocery Items	29.34% Housing	8.94% Utilities	9.22% Trans- portation	4.26% Health Care	34.84% Misc. Goods and Services
Harrisonburg VA Metro Harrisonburg VA	95.8	96.0	92.1	100.9	84.3	104.3	99.4
Staunton-Waynesboro VA Metro Staunton-Augusta County VA	96.1	90.0	92.1	108.4	91.0	93.2	100.4
NonMetro US Lexington-Buena Vista-Rockbridge VA	93.4	86.2	85.9	102.1	86.3	98.9	101.5
Charlottesville VA Metro Charlottesville VA	100.0	102.9	105.4	97.8	68.8	102.1	102.8
Richmond VA Metro Richmond VA	93.0	88.1	85.2	96.4	83.9	109.0	101.1
Washington-Arlington-Alexandria DC-VA-MD-WV Metro Division							
Alexandria VA	142.6	115.5	223.5	97.3	103.2	92.4	113.0
Arlington VA	151.1	115.5	248.8	97.3	115.0	92.4	113.1

The index is compiled by C2ER - The Council for Community and Economic Research [www.c2er.org](http://www.c2er.org)